

What is MAAP?

The Mesa Academic and Athletics Program (MAAP) at San Diego Mesa College assists student-athletes in achieving their educational, career and personal goals. MAAP aims to help students obtain an educational degree and meet eligibility requirements based on the California Community Colleges Athletic Association (CCCCAA) rules and regulations. Most importantly, MAAP helps students succeed in the classroom and the athletic arena.

MAAP Goals

To assist student-athletes in the identification of career and educational objectives.

- To empower student-athletes to reach academic success
- To increase retention, graduation and transfer rate of student athletes
- To encourage each student-athlete to develop independence and to mature mentally emotionally, physically and athletically.
- To create an environment within the intercollegiate athletic program that promotes academic achievement.



Check it Out Online!

San Diego Mesa College

www.sdmesa.edu/athletics

SDCCD Student Web Services

<http://studentweb.sdccd.edu>

ASSIST is an online student-transfer information system that shows how course credits earned at one public California college or university can be applied when transferred to another. www.assist.org

College Source

www.collegesource.org

A virtual library featuring 40,446 college catalogs and more than 33,900,000 course descriptions.

NCAA Website

www.ncaa.org/wps/portal

NCAA Clearinghouse Website

www.ncaaclearinghouse.net/NCAA/common/

NAIA Website

<http://naia.cstv.com/>

San Diego Mesa College
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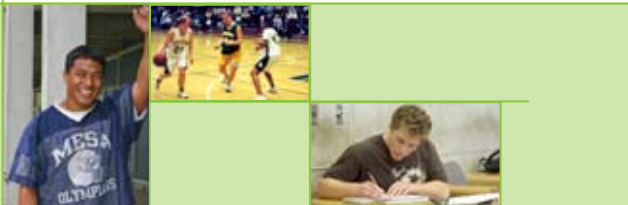


MAAP

Mesa Academic & Athletics Program
Serving the Student Athlete

www.sdmesa.edu

Mesa
SAN DIEGO MESA COLLEGE



MAAP Services

A Personal Counselor Just for Athletes

A Course Just for Athletes --

Personal Growth 65 Course: Student-Athlete Orientation to College

Taught from a student athlete's perspective, PG 65 is designed to assist the new student athlete to make a successful transition to San Diego Mesa College. The .5 unit course also helps students set an education goal and a path to reach it. Topics include: college campus resources and services, time management, stress management, career and major selection, and educational planning. Students are also acquainted with Policy 3100, which enumerates the rights and responsibilities of all San Diego Community College District students. (FT) Associate Degree credit.

Student-Athlete Progress Reports

At San Diego Mesa College, we want our student-athletes to excel on and off the field, and especially in the classroom. Student athletic progress is monitored by both the Mesa Athletic Department and the MAAP Counselor through Progress Reports. These progress reports are conducted three times during each semester to assure students are attending class and working towards completing their educational goals.

Contact Information

MAAP Counselor:

Kristy Carson
619-388-2535
kcarson@sdccd.edu
Located in I-430

Counseling: 619-388-2672
Located in I-430

Athletics/P.E. Department:

619-388-2737
Located in L-101

Freshman Year Experience (FYE) for Student-Athletes

The Freshman Year Experience is a cooperative partnership program between Mesa College and local area high schools. The FYE program is designed to encourage graduating high school seniors to pursue their educational, athletic and career goals at Mesa College, and to provide special support services for a seamless transition to college.

FYE is tailored to meet the special needs of first time college student-athletes with choosing:

- Academic courses
- Career paths
- College success skills
- English and Math skill building
- Vocational and Certificate programs
- Academic Courses that meet the CCCAA, NCAA and NAIA athletic eligibility rules and regulations

Benefits of FYE for Student-Athletes:

- Early Registration
- Academic/Career/Athletic Counseling
- Individualized Educational Plans
- Counselor and Peer Support
- Community Learning Clusters
- Academic Networks/Special Events
- Four-year University/College Transfer Assistance

How to Make an Appointment to see the MAAP Counselor:

1. Go to the Athletics/P.E. Department (L-101) and sign up for an appointment on the "MAAP Sign-Up Sheet" on the MAAP Bulletin Board. (Fill in two :30 minute slots for an hour, which is the preferred appointment time).
2. On the day of your MAAP appointment, report to the Counseling Department on time and please bring a picture ID.
3. If you cannot attend your MAAP appointment, please contact Counseling (619-388-2672) to cancel. Coaches will be notified of any "no shows."

NOTE: Appointments are made for a week in advance. If you need to see the counselor sooner, stop by Counseling Department (I-430) and see if Kristy Carson or another counselor can see you on a "drop-in basis."

Key Plays a Mesa Student-Athlete Should Know

CCCAA Requirements: Athletic Eligibility based on the California Community Colleges Athletic Association (CCCAA; formerly COA) rules.

1. **12/9 Unit rule.** A student-athlete must be actively enrolled in a minimum of 12 units at his/her community college during his or her season of sport. Of the 12 units, at least nine shall be academic.
 - Students dropping below 12/9 units are not eligible for competition until they are once again actively enrolled and attending class with at least 12/9 units.
 - For eligibility purposes (with the exception of the transfer rule) multi-college districts such as the San Diego Community College District may count units from any of the colleges within that district.
2. **2.0 Rule.** Once a student-athlete competes in a sport sanctioned by the CCCAA at any two- or four-year college, the student-athlete must maintain a cumulative 2.0 GPA for all courses taken, beginning with the initial semester of competition.
3. **Educational Plan.** By the second semester of college attendance, a Mesa student-athlete must have an educational plan on file. Please go to the Counseling Office and make an appointment to see the Athletic Counselor assigned to your sport.
4. **24/18 Unit rule.** To be eligible for the **second season** of a sport, a student-athlete must complete and pass 24 units between seasons of competition.
 - These units must be completed prior to the start of the semester in which competition begins. Units completed and passed during the first season of sport are included in the 24 units' requirement. At least 18 of the 24 units required for participation must be academic.
 - Units from a course repeated to raise a grade of "D" or better shall not be counted to satisfy the 24-semester unit requirement for second season of sport eligibility.

(This is only a partial list of eligibility requirements; for a complete list, please see the Mesa Athletic Department (L-101); your coach, or the Athletic Counselor, Kristy Carson *or go online:* coasports.org/constitution-laws.asp.