

SAN DIEGO MESA COLLEGE
CALIFORNIA GENERAL EDUCATION TRANSFER CURRICULUM REQUIREMENTS 2025-2026

The Intersegmental General Education Transfer Curriculum (IGETC) pattern allows California Community College students to fulfill the lower-division general education requirements of the California State University (CSU) and most University of California (UC) campuses prior to transfer. Cal-GETC is also accepted by some private/independent and out of state colleges/universities. The curriculum consists of a 34-unit pattern with six areas of concentration. Please consult with a counselor for additional information.

*Courses listed in multiple areas shall be certified in one area.

+Transfer credit may be limited by either the CSU or UC

Area 1 English Communication <i>Minimum 9 semester units. Select three courses: one course each from Area 1A, 1B and 1C.</i>		
Area 1A English Composition	Area 1B Critical Thinking and English Composition	Area 1C Oral Communication
English 105; C1000 (formerly 101)	English C1001 (formerly 205); Geography 205; History 205; Philosophy 205	Communication Studies C1000 (formerly 103)
Area 2 Mathematical Concepts and Quantitative Reasoning <i>Minimum 3 semester units. Select one course.</i>		
Biology 200+; Business Administration 115+; Computer and Information Sciences 246; Mathematics 116+, 121+, 122+, 141+, 150+, 151+, 245, 252, 254, 255; Political Science 201+; Psychology 258+; Statistics C1000+ (formerly Math119)		
Area 3 Arts and Humanities <i>Minimum 6 semester units. Select two courses: one course each from Area 3A and Area 3B</i>		
Area 3A Arts		
Art-Fine Art 100, 106, 107, 108*, 109, 110, 111, 113+, 115+, 120+, 125, 130, 188*, 191*, 194; Black Studies 110, 111+, 120; Chicana/o Studies 230, 250; Dramatic Arts 105, 107, 109, 150, 151, 205; Fashion 122; Music 100, 103, 109, 111, 114, 117, 118, 119, 125, 126, 131, 138		
Area 3B Humanities		
American Sign Language 121, 150*, 220, 221; Architecture 126, 127; Art-Fine Art 108*, 188*, 191*; Black Studies 145A*, 145B*, 150, 155; Chicana/o Studies 130, 135, 138, 190, 210*; Chinese 102, 201, 202; English 208, 209, 210, 211, 215, 216, 220, 221, 230, 234, 237, 240; French 102, 201, 202; German 102, 201; History 100*, 101*, 105*, 106*, 120*, 121*, 131*, 132*; Humanities 101, 102, 103, 104, 106, 118, 119, 201, 205, 210; Italian 102, 201; Japanese 102, 201, 202; Native American and Indigenous Studies 200; Philosophy 102A, 102B, 103, 104A, 104B, 105, 106, 107, 108, 110, 111, 112, 125, 126*, 130, 131; Russian 102, 201; Spanish 102+*, 201*+, 202*, 215*, 216*, 221, 222*; Vietnamese 102, 201		
Area 4 Social and Behavioral Sciences <i>Minimum 6 semester units. Select two courses from two different disciplines.</i>		
Asian American and Pacific Islander Studies 103, 124*, 125*, 127, 130*; American Sign Language 150*; Anthropology 103, 107, 110, 117, 140, 215; Art-Fine Art 108*; Black Studies 100*, 104+, 116, 125, 130, 140A+*, 140B+*, 145A*, 145B*, 175; Chicana/o Studies 110A*, 110B*, 140, 141A+, 141B+, 150, 155, 170, 201, 210*; Child Development 101; Communication Studies 135; Economics 120, 121, 220; English 202; Filipino Studies 100*; Geography 102, 104, 154; Health Education 103, 104; History 100*, 101*, 105*, 106*, 109+, 110+, 115A, 115B, 120*, 121*, 123, 130, 131*, 132*, 135, 141+, 142+, 150+, 151+, 154, 175; Journalism 202; Native American and Indigenous Studies 100; Nutrition 153; Philosophy 109, 126*; Political Science 101, 103, 121, 123, 124, 140, C1000 (formerly 102); Psychology 111, 112, 121+, 133, 135, 137+, 155, 166, 211, 230, 245, 283; C1000+ (formerly 101), Public Administration 110; Sociology 101, 110, 125, 145, 150, 201, 207, 220, 223; Sustainability 101; Spanish 222*; Women's Studies 101		

Area 5 Physical and Biological Sciences Minimum 7 semester units. Select two courses: one course each from Area 5A and Area 5B. One course must include a laboratory. Area 5C includes corresponding laboratory courses to the lecture only courses listed in Areas 5A and 5B.
Area 5A Physical Science
Astronomy 101, 102; Chemistry 100+, 103(w/lab), 111, 130+, 152+, 160, 200, 201, 231+, 233, 251(w/lab), Geography 101; Geology 100, 104, 111(w/lab); 130(w/lab); Oceanography 101 (formerly Physical Science 120); Physical Science 100+, 105+, 114; Physics 100(w/lab)+, 125(w/lab)+, 126(w/lab)+, 180A, 180B, 195(w/lab)+, 196(w/lab)+, 197(w/lab)+
Area 5B Biological Science
Anthropology 102; Biology 100(w/lab)+, 107(w/lab)+, 110, 115(w/lab), 120+, 130, 180+, 205 (w/lab), 210A (w/lab), 210B (w/lab), 215 (w/lab)+, 230 (w/lab), 235 (w/lab), 250 (w/lab)+; Psychology 260
Area 5C Science Laboratory Laboratory course must correspond to the lecture course in Physical Science (Area 5A) or Life Science (Area 5B)
Anthropology 104; Astronomy 109+, 111+; Chemistry 100L+, 111L, 130L+, 152L+, 200L, 201L, 231L+, 233L; Geography 101L; Geology 101, 111, 120; Physical Science 101+; Physics 181A, 181B; Psychology 260L
Area 6 Ethnic Studies Minimum 3 semester units. Select one course.
Asian American and Pacific Islander Studies 124*, 125*, 130*; Black Studies 100*, 140A*, 140B*; Chicana/o Studies 110A*, 110B*; Filipino Studies 100*

The following CSU and UC graduation requirements are independent from Cal-GETC requirements; however, students may fulfill the requirements prior to transfer. Courses which satisfy the CSU American Institutions (AI) and the UC Language Other Than English (LOTE) requirements may also fulfill Cal-GETC requirements. Please consult with a counselor for additional information.

CSU American Institutions (AI) Requirement Select a combination of courses which satisfy US Areas 1, 2 and 3.
AREA US-1 Historical Development of American Institutions and Ideals Black Studies 140A, 140B; Chicana/o Studies 141A, 141B; History 109, 110, 115A, 115B, 123, 141, 142, 150, 151; Political Science 121
AREA US-2 Constitution of the United States Black Studies 140A; Chicana/o Studies 141A; History 109, 115A, 141, 150; Political Science 121, C1000 (formerly 102)
AREA US-3 California State and Local Government Black Studies 140B; Chicana/o Studies 141B; History 110, 115B, 123, 142, 151, 175; Political Science 102
UC Language Other Than English (LOTE) Requirement Proficiency equivalent to two years of high school study in the same language.
American Sign Language 120, 121, 220, 221; Chinese 101, 102, 201, 202; French 101, 102, 201, 202; German 101, 102, 201; Italian 101, 102, 201; Japanese 101, 102, 201, 202; Russian 101, 102, 201; Spanish 101+, 102+*, 201*, 202*, 215*, 216*; Vietnamese 101, 102, 201