

# PCAB Update

## Administrative Services





# Catering Training



**Catering 123**  
**Thursday, September 26, 10:30 a.m.**  
Zoom ID: 831 6735 2570 | PSWD: 877078  
<https://sdccd-edu.zoom.us/j/83167352570?pwd=tbfVgyTq1pGbN9mPVyCALTLK1dr7M6.1>

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Join us to learn about catering at Mesa College!  
We will review:

- How to Create your account
- How to request catering
- What information is required for requests

This is an opportunity to ask questions and learn more about Mesa College Catering Services.



**Scan me!**



# Wellness Walkabout

SAN DIEGO  
MESA COLLEGE

Promote employee wellness, connection,  
campus integration and community



**Designated  
Route**



**30 Minutes  
per Walk**



**Conversation  
Starters  
Provided**



**OCT 8, 2024**

11:00 a.m. – 2:00 p.m.  
30 mins/session (walk)



**Please scan the QR code for  
Registration and Location**

For questions, please contact  
Catherine Cannock at [ccannock@sdccd.edu](mailto:ccannock@sdccd.edu)



# CTS Technology Request Deadline for Intersession/Spring 2025

**Deadline Monday,  
October 21, 2024**



**Scan me!**



**SAN DIEGO**  
Community College District

**FY 2024-25  
ADOPTED  
BUDGET**

**BOARD OF TRUSTEES PRESENTATION  
SEPTEMBER 12, 2024  
VICE CHANCELLOR, FINANCE AND BUSINESS SERVICES**

**DANIEL J. TROY**



**Scan me!**



# Upcoming Safety Events

## INTRODUCTION TO RAD TRAINING

RAPE AGGRESSION DEFENSE SYSTEM



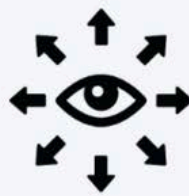
FRIDAY, OCTOBER 11 🕒 9:00 am - 1:00 pm 📍 MC-211 A/B

### RAD

FREE SESSION  
REGISTRATION



RAPE AGGRESSION DEFENSE (RAD) SYSTEM IS A COMPREHENSIVE COURSE, DEDICATED TO TEACHING BOTH WOMEN AND MEN DEFENSIVE CONCEPTS AND TECHNIQUES AGAINST VARIOUS TYPES OF ASSAULT USING EASY, EFFECTIVE AND PROVEN SELF-DEFENSE / MARTIAL ARTS TACTICS.



AWARENESS



PREVENTION



RISK REDUCTION  
& AVOIDANCE



HANDS-ON DEFENSE  
TRAINING

## SAFETY FAIR

### The Great ShakeOut

OCTOBER 17, 2024 AT THE MESA QUAD ●

- C-CERT TENT
- EVACUATION TENT
- BASIC FIRST-AID TENT
- BREATHLESS CPR TENT
- SEARCH AND RESCUE TENT
- SELF-DEFENSE TENT



# Alice Training

## Active Shooter Training & Preparedness



Aaron Thiyagarajah  
Alexandra Penrod  
Alison Mona  
Alma Fuentes  
Ana Fuentes  
Anar Brahmbhatt  
Annette Miner  
Chris Waters  
Christopher Lahti  
Courtney Meissner  
Darcey Flores  
Dave Warczakowski

Edeama Onwuchekwa  
JonahFatemeh Chadegani  
Helen Greenbergs  
Jaclyn Guidi  
Joe Lunsford  
John Crocitti  
Juan Romero  
Julian arteaga  
Leslie Styles  
Leticia Diaz  
Marlene Gracia  
Mary Ross

Mary Toste  
Michael McLaren  
Molly Broene  
Pablo Vela  
Paula Matthews  
Raul Gallegos  
Roger Gallegos  
Simone Sherrard  
Thekima Mayasa  
Travis Nichols  
Yolanda Giang