

Weekly Update from Prez Hands - April 25, 2024

SAN DIEGO
MESA COLLEGE



WEEKLY UPDATES FROM

Prez Hands

Hello Mesa College Community!

Weekly Update from Prez Hands provides a brief overview of the exciting efforts taking place within our community. The updates are also a great way to tell our collective story of success, and to document our journey of becoming the Leading College of Equity and Excellence. Enjoy!

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OFFICE OF THE *President*

Black Student Success Week kicked off great with a webinar featuring **Randia Pope**, a graduate of Mesa's Health Information Management program. She talks about her experience in the program, and some of the amazing things she is doing after graduation such as becoming an adjunct professor in the program!

To watch a replay of this awesome webinar, please click the video on the right.



UPCOMING EVENTS



Join your Mesa community this Saturday, April 27 at the **Linda Vista Multicultural Fair and Parade!**

This event will go from 10:00 a.m. - 5:00 p.m. at the 6900 block of Linda Vista Road with a parade starting at 11:00 a.m. If you would like to walk in the parade, contact the Outreach department at 619-388-2230, visit the Outreach office in I4-101, or meet the team at 9:00 a.m. the day of at the San Diego Cooperative Charter School at 7260 Linda Vista Road.

For more information on this event, please visit the link below:

[Linda Vista Multicultural Fair and Parade Website](#)

OFFICE OF *Instruction*



Architecture students from the Mesa second-year design studio with **Prof. Chuck Crawford** are proposing a much needed replacement for the Linda Vista Fire Company Number 23, just down the street from the college. Students visited an architectural firm, Miller Hull Partnership, that just completed the Torrey Pines fire station to get some expert tips for their project and to learn about green and sustainable building design. They then visited the Fire Station #23 to see their current cramped and outdated home and to learn first-hand how they live and work. Even though this is an academic project, meeting a “real” client provided our students with the type of enriched education we are always striving for here at San Diego Mesa College.

OFFICE OF *Student Services*

Promise Workshops Still Available! All events are held in the Avanza Center, I4-202

Bonsai Tree Pruning Workshop (Limit to 20 students)

Friday, May 3 from 11:00 a.m. - 12:00 p.m.

Students who attend this workshop will learn about different aspects of the Bonsai tree. It will be a chance to reflect, meditate, and share personal insights throughout the workshop.

Careers in Education

Monday, May 6 from 11:00 a.m. - 1:00 p.m.

This workshop is designed to provide valuable insights into the diverse and rewarding career opportunities within the fields of K-12 education and higher education.

Chill Out - A Workshop on Letting Go of Stress

Thursday, May 9 from 12:00 p.m. - 1:00 p.m.

Students will learn different ways to work with worried thoughts and over-thinking to help manage stress.



Attention all Promise students! Join us at the Avanza Center on Thursday, May 2 from 1:00 p.m. - 3:00 p.m.

for the Promise End-of-Year Celebration! Get connected to support services and resources and stay for giveaways, prizes, sweet treats and drinks! Please

RSVP using the link below:

RSVP for Promise End-Of-Year Celebration!



Year One Promise News:

- The deadline for progress reports is now Friday, April 26. Please remember to submit as this is a requirement for Promise Year 1 Students. <https://bit.ly/24springrep>
- Promise program is offering a limited number of emergency grants, up to \$250 for eligible Promise students. Apply by Sunday, April 28 at bit.ly/s24emergencygrantapp
- Ready to spring towards success? Join us on either Wednesday, May 1 or Wednesday, May 15 for Race to 12 Units! Our counselors and staff are geared up to assist you in fast-tracking your academic journey. Whether it's crafting a streamlined education plan, enrolling in courses, or tackling appeals, we've got your back every step of the way. Find out more on our Promise instagram, @sdmesapromise.



Volunteer to help with Commencement on Friday, May 24, 2024

Together, let us unite to craft an unforgettable experience for our graduating class. Your invaluable support is key to ensuring that this momentous occasion is not only joyous but also profoundly meaningful for our students. With your collaboration, we aim to create an atmosphere brimming with celebration and significance.

We kindly request your assistance with various aspects of the day, including student check-in, wayfinding, Information booth, logistical support, and more. There is a myriad of roles to be filled, and your involvement is paramount to our collective success.

To volunteer your time and expertise for this momentous event, please complete the [Commencement Volunteer Registration form](#). For any inquiries or further information, please do not hesitate to reach out to me directly at awoods002@sdccd.edu

OFFICE OF *Administrative Services*

Join us in promoting employee wellness, connection, campus integration, and community at our Wellness Walkabout!

For more information, please contact Catherine Cannock at ccannock@sdccd.edu

A poster for the "Wellness Walkabout" event. The top half is dark blue with the title "Wellness Walkabout" in large white letters. Below the title, it says "Promote employee wellness, connection, campus integration and community". The bottom half is yellow with a blue diagonal stripe. On the yellow background, there are icons for a location pin (labeled "Designated Route"), a clock (labeled "30 Minutes per Walk"), and a speech bubble (labeled "Conversation Starters Provided"). On the right side, there is a photo of a group of people walking. The text "SAN DIEGO MESA COLLEGE" is in the top right corner. At the bottom, it says "MAY 15, 2024" and "10:00 a.m. – 2:00 p.m. 30 mins/session (walk)". There is a QR code and a text box that says "Please scan the QR code for Registration and Location". At the bottom right, it says "For questions, please contact Catherine Cannock at ccannock@sdccd.edu".

Participatory Governance

To learn more about our Associated Students, Academic Senate, and Classified Senate, please visit the links below:

[Associated Students](#)

[Academic Senate](#)

[Classified Senate](#)

In The Know

For additional information on what is happening on campus and in our community - visit the links below:

[Mesa College Newsroom](#)

[Mesa College Events Calendar](#)

Ashanti Hands, Ed.D.

President | San Diego Mesa College

Creating conditions that matter for our students to succeed!

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