

March 6, 2025



Hello Mesa College Community!

Weekly Update from Prez Hands provides a brief overview of the exciting efforts taking place within our community. The updates are also a great way to tell our collective story of success, and to document our journey of becoming the Leading College of Equity and Excellence. Enjoy!

OFFICE OF THE *President*



Women's History Month serves to celebrate and recognize the contributions, achievements, and history of women throughout the world. It aims to highlight the vital role women have played in shaping society across various fields, including politics, science, art, education, and social movements.

Visit <https://www.sdmesa.edu/womens-history-month> for a list of events.

JACK KENT COOKE

FOUNDATION



The Jack Kent Cooke Foundation announced today that 3 San Diego Mesa College students are among the semifinalists for its highly competitive Cooke Undergraduate Transfer Scholarship. Congratulations to Asiya Ayoubi, Paula Cantu, Monika Eskander

There are 467 semifinalists for the program in total. This scholarship aims to help community college students who have demonstrated exceptional academic ability, leadership, and service transfer to top four-year institutions and avoid student debt. The award, which is last dollar funding after all institutional aid, can provide as much as \$55,000 per year for two to three years to complete a bachelor's degree at any accredited four-year undergraduate institution in the U.S.

The Foundation will announce the 2025 Undergraduate Transfer Scholars in May. To learn more about the Undergraduate Transfer Scholarship, visit the website [here](#).

Starting April 7, 2025, District will implement an electronic approval process for the following primary email distribution lists (DLs) to enhance security and comply with AP 3720 and AP 3721:

- Mesa College DL
- Miramar College DL
- City College DL
- Continuing Education DL
- District Office DL
- College Police DL
- District Service Center DL

Key Points:

- Emails to these DLs will be reviewed by designated approvers before being sent.
- Each DL will have five approvers; only one needs to approve an email.
- This change aims to improve security and maintain compliance.

Emails from Karen Brown, sent on behalf of Vice Chancellor Jared Burns include more detailed information.



In efforts to foster open dialogue with and within the Mesa College Community, President Hands will be hosting open office hours throughout the Spring 2025 Semester.

Individual meetings will be limited to a 15 minute time block, and will be available during these dates and times:

Wednesday, March 12 | 2:00 p.m. - 3:00 p.m.
Monday, March 24 | 11:00 a.m. - 12:00 p.m.
Thursday, April 10 | 10:00 a.m. - 11:00 a.m.
Friday, April 25 | 10:30 a.m. - 11:30 a.m.
Thursday, May 1 | 9:30 a.m. - 10:30 a.m.
Thursday, May 8 | 1:00 p.m. - 2:00 p.m.

To sign up, please use [this form](#). You will hear back from one of the President's Office staff members to confirm your date and time.

If you have any questions, please contact Eileen Hayward at ehayward@sdccd.edu.

Thank you for your continued engagement and support. President Hands looks forward to hearing from our campus community and values the contributions each of you brings to our collective efforts.

OFFICE OF *Instruction*



Join us for a special two-part workshop for educational leaders!

The SDCCD Division of Educational Services and the Mesa College Office of Instruction present "Embracing the Paradigm Shift: Core Competencies for Equity Advancing College Leaders" featuring Lasana Hotep.

For more information, [click here for the flyer](#).

OFFICE OF *Student Services*

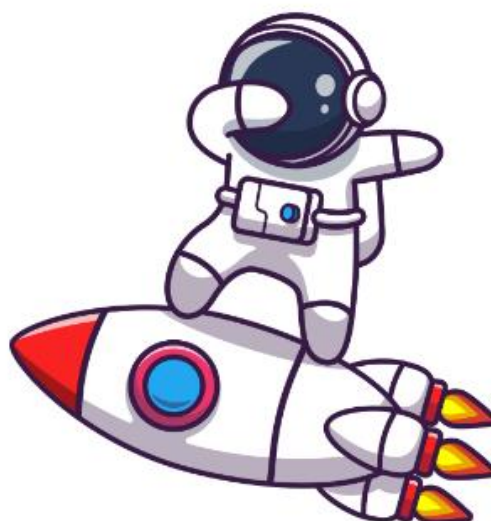
New Issue

Alert

[Click here for the latest Mesa Journeys Newsletter!](#)

The Mesa Journeys newsletter gives a more in-depth look at all the great things that are happening on our campus. We encourage all faculty and staff to pass this along to our students, and also to sign up to receive these newsletters straight to their inboxes! Click below to sign up and for more information about Mesa Journeys:

<https://linktr.ee/mesajourneys>



SAVE THE DATE!
JUMPSTART YOUR SUCCESS
AT SAN DIEGO MESA COLLEGE



Saturday, March 22, 2025
 Visit the webpage to RSVP & get details
sdmesa.edu/jumpstart

contact: mesaoutreach@sdccd.edu
 SAN DIEGO MESA COLLEGE

Learn about the San Diego Promise Program
 offering free tuition. sdmesa.edu/promise

San Diego Mesa College is thrilled to present **Jumpstart Your Success** on **Saturday, March 22, 2025, from 8:30 a.m. - 12:30 p.m.** This is the time that we invite hundreds of prospective students, their families and friends to Mesa College as we highlight what we have to offer, how we can support their academic goals, and boost their professional goals.

Please promote this event to all prospective students. This is one of Mesa College's biggest and best events! [Click here for more information on Jumpstart.](#)

We encourage each Campus Department to host a resource information table during the event from 11:00 a.m. - 12:30 p.m.

[Follow this link to the online registration form](#), due by **Friday, March 7, 2025!**

If you have any questions (email to: cle@sdccd.edu), we hope you will spread the word and join the fun!

Click on the flyer to enlarge.

 **SAN DIEGO MESA COLLEGE**

MESA'S CAREER FEST EVENTS
SPRING 2025



Olympians! Join San Diego Mesa College's Career Services team for four weeks of Career Readiness Workshops leading up to the Spring 2025 SDCCD Career Fair at Miramar College! We welcome you to the various workshops below that will be offered on our campus!

How Social Support Drives Career Development
Session 1: Tuesday, March 11th from 9AM - 10AM in AVANZA I4-202
Session 2: Thursday, March 13th from 12PM - 1PM on Zoom

Thriving Through Exploration: Assessing Your Career Fit
Session 1: Wednesday, March 12th from 12PM - 1PM in AVANZA I4-202
Session 2: Thursday, April 10th from 2PM - 3PM on Zoom

Strategies To Networking
Session 1: Wednesday, March 12th from 11AM - 12PM in AVANZA I4-202
Session 2: Wednesday, March 26th from 11AM - 12PM in AVANZA I4-202

Building Your Online Presence
Session 1: Thursday, March 13th from 11AM - 12PM in BT - 207
Session 2: Thursday, March 20th from 11AM - 12PM in BT - 207

Bypass Applicant Tracking Systems (AI): Resume Writing
Session 1: Friday, March 14th from 12PM-1PM on Zoom
Session 2: Tuesday, March 18th at 1PM - 2PM in AVANZA I4-202

Construct Your Professional Portfolio
Session 1: Tuesday, March 25th from 3PM - 4PM on Zoom
Session 2: Thursday, March 27th from 3PM - 4PM on Zoom

Career Fair Strategies
Session 1: Tuesday, April 8th from 1PM - 2PM in AVANZA, I4-202
Session 2: Friday, April 11th from 12PM - 1PM on Zoom

Resume & Cover Letter Writing Tips
 Thursday, March 27th from 2PM - 3PM on Zoom

Crafting Your Elevator Pitch & Career Fair Networking Tips
 Thursday, April 10th from 1PM - 2PM on Zoom



Register for All Events Here!



Scan for More Information

Student Services Building 3rd Floor, I4-306
mesacareer@sdccd.edu
 619-388-2777

 **SAN DIEGO MESA COLLEGE**
 Career Services

MEET CAREER SERVICES

OUR MISSION

The Career Services team works with the mission to prepare students to reach their career goals, and support faculty and staff to embed career-focused activities within the classroom while focusing on industry needs.

REVIEW THE SERVICES OFFERED BY OUR TEAM:

CAREER COUNSELING



- Deciding Your Major
- Career Path Exploration & Transitions
- Career Assessments
- Professional Branding & Networking
- Job Search Strategies

CAREER PEER AMBASSADORS



- Resume Review
- Cover Letter Review
- Interview Preparation
- Intro to Job Boards

SCHEDULE AN APPOINTMENT WITH A COUNSELOR OR PEER

Career Counseling & Career Peer Ambassador appointments can be made through [Handshake](#).

For instructions, click [here](#).

CAREER SERVICES PRESENTATIONS



Invite the Career Services Team to provide a presentation to your class!

Click [here](#) or scan to submit the request form.

WORK-BASED LEARNING

Mesa Impactship Program:
 Internship coaching (Click [here](#))

Work Experience Courses:
 To supplement internship/ volunteer opportunities (Click [here](#))

Service Learning:
 Industry-based activities (Click [here](#))

WORK-BASED LEARNING CONTACTS

For support integrating WBL into your courses, your school's friendly WBL Faculty Liaison is here to help!

Business and Technology:
 Prof. Liese Hoffmire - lhoffmire@sdccd.edu

Health Sciences and Public Service:
 Prof. Holly Jagielinski - hjagielinski@sdccd.edu

Social/Behavioral Sci & Multicultural Studies:
 Prof. Michelle Rodriguez - mrodrigu@sdccd.edu

Arts and Languages:
 Prof. Pegah Motaleb - pmotaleb@sdccd.edu

Humanities:
 Prof. Wendy Smith - wsmith@sdccd.edu

Mathematics and Natural Sciences:
 Prof. Phuong Truong - ptruong001@sdccd.edu

Exercise Science, Health Edu, Dance, Athletics:
 Prof. Todd Curran - tcurran@sdccd.edu

(619) 388-2777 | mesacareer@sdccd.edu | Student Services Bldg, I4-306 | www.sdmesa.edu/career

Thank you to those of you who volunteered to review scholarships. Review is underway! In the meantime, we are able to award the remaining awards to students who earned scholarships in the last scholarship cycle that are set to be distributed over the course of the academic year.

Participatory Governance

To learn more about our Associated Students, Academic Senate, and Classified Senate, please visit the links below:

[Associated Students](#)[Academic Senate](#)[Classified Senate](#)

In The Know

For additional information on what is happening on campus and in our community - visit the links below:

[Mesa College Newsroom](#)[Mesa College Events Calendar](#)

Ashanti Hands, Ed.D.

President | San Diego Mesa College

Creating conditions that matter for our students to succeed!

7250 Mesa College Drive, A-104, SD, CA 92111 | 619.388.2721

[Mesa College](#) | [Student Support Services](#)

