

WEEKLY UPDATES FROM Prez Hands

Hello Mesa College Community!

Weekly Update from Prez Hands provides a brief overview of the exciting efforts taking place within our community. The updates are also a great way to tell our collective story of success, and to document our journey of becoming the Leading College of Equity and Excellence. Enjoy!

OFFICE OF THE President



President Hands is featured on Drew Schlosberg's "Spotlight on the Community", a podcast created to produce stories that matter most to San Diegans.

In this episode, President Hands proudly shouts out Mesa's innovative programs and courses that meet the current and future goals of its diverse student body. She talks about Mesa's Meditation Garden, our Wellness Vending Machines, MESA Center, the Small Business Virtual Incubator, and our current and upcoming Baccalaureate Degree offerings.

To listen to this podcast, please click this link.

You are cordially invited to the Dr. Blackmun Recognition Ceremony, on Wednesday, September 11, 2024 at 3:30 p.m.

Dr. Blackmun Recognition Dinner and Ceremony

September 11, 2024 | 3:30 p.m. - 7:00 p.m. San Diego Mesa College 7250 Mesa College Drive, D-101 San Diego, CA 92111

This is a ticketed event. Please click below for tickets and program information:

Blackmun Ticket and Program Information

Sponsorship and underwriting opportunities would be very much appreciated. If you would like to donate to support the event, <u>click here</u>.



After a year-long process, the San Diego Community College District is readying to launch its District-college brand project, which includes a new District logo and refreshed college logos. On September 15, along with a redesign of the sdccd.edu website, the District will make available new and updated logos for download and use. Along with downloadable files, there will be new brand style guides for both the District and colleges that outline proper use of the new logos.

The Office of Communications, in partnership with the District Communications and Public Relations Department, will provide support for those requesting specific department/program versions using the new logos and to answer any other questions. So as not to be wasteful, please use up existing supplies of business cards, letterhead, and other existing swag and collateral before incorporating the new logos.

More communication centered around this project launch is forthcoming from Chancellor Greg Smith. For more information about the overall project, visit sdccd.edu/brand







Gregory Smith

Please join your Mesa College colleagues in attending a presentation and open forum with the Chancellor to discuss priorities for the 2024-2025 academic year.

Chancellor's Fall Forum

Tuesday, September 24, 2024 2:30 p.m. - 4:00 p.m. MC-211 A/B

Flex credit available | Sign up for Workshop 25250 - Chancellor's Forum If an accommodation is needed, please contact the President's Office

The San Diego Community College District's Board of Trustees has unanimously agreed to place a \$3.5-billion bond measure on the November ballot to fund critical construction and modernization projects that will ensure the region's largest provider of workforce training and higher education continues to be a leader in driving the San Diego economy.

To learn more about the bond, please visit the SDCCD News Center.

OFFICE OF Instruction



The MESA Program at California Community
Colleges helps underrepresented students in STEM.
With mentoring, and hands-on experiences, MESA
supports your journey to transfer to a four-year school
and succeed in a STEM career.

Event Information:

MESA Center Grand Opening Tuesday, September 10, 2024 3:00 p.m. - 4:00 p.m. MESA Center, MS 120

Light refreshments will be provided.

OFFICE OF Student Services



Congratulations!

Mesa College is proud to have two representatives at a statewide level! Lucio Lira, Pride Center Counselor Coordinator and Daniella Abbott, Pride Scholar Student have been selected to take part in the 2024-2025 California Community College Statewide LGBT+ Advisory Board. This advisory board works to foster collaborations and advocate for improved services and policies, aiming to ensure a safe and thriving educational environment for LGBT+ students, faculty, and staff.

Dr. Cynthia Rico has been selected to serve as our Acting Dean of Student Development!

Dr. Rico has served in various Student Services leadership roles throughout the district. Her insight and experience with SDCCD and Mesa College policies and practices will allow for a seamless transition into this role. Dr. Rico has shown a commitment to holistic support for student success grounded in diversity, equity, inclusion and accessibility.

In 2016, Dr. Rico served as Interim Vice President of Student Services and later Acting Dean of Counseling and Student Success at San Diego College of Continuing Education (SDCCE). As a member of that leadership team, Cynthia operationalized the institutions first Vice President of Student Services position.

The bulk of Dr. Rico's professional career has been spent in General Counseling here at Mesa where she currently serves as the Chair of the department. In that role, she represents the Counseling Faculty and advocates for student support and equity programs for the benefit of our students at Mesa College.

We look forward to our work with Dr. Rico!





Mesa's Principles of Community is close to being finalized.



Mesa has completed the onboarding process required to establish our A2MEND Student Charter. In partnership with Black Studies,



In response to the FAFSA application issues in rollout, Mesa's Student Success and Equity department will be offering

Emergency Transportation/Housing Grants for up to \$500.00. Grants will be limited to 200 students. Please contact the SSE Office for more information.



Mesa's Associated Students are looking for students with a desire to learn and represent their community!

Please pass this along to your students. Deadline to submit an application is Friday, September 13 at 11:59 p.m.



Celebrate Constitution Day

Tuesday, September 17 | 11:15 a.m. - 12: 30 p.m. | G-102
Professor Nancy Marcus from the California Western School of
Law will present on the upcoming Supreme Court case about
transgender health care, as well as other Constitutional and legal
issues facing the LGBTQIA+ Community. Click here for an
informational flyer.

Reflect, Restore, and Unite Week

Week of September 16 - 20, 2024 | TBD

Join us for a collection of events designed to explore and expand upon concepts within the movement of Restorative Practices in order to reflect, restore, and unite as a community. Restorative practices embrace community building, empowerment, participation, and accountability as crucial elements of justice. Events will incorporate different community-centered topics including voter registration, the arts, community gardening, meditation, and interpersonal connection.

Mental Health Presents Suicide Prevention Awareness Month

September 2024 | Click here for an informational flyer
Please join us for some our events throughout September for
Suicide Prevention Month. Remember: Your Mental Health
Matters. You are never alone. Visit the Student Health Services in
14-209 for support or call 988 for immediate help.

Latine Bienvenida

Thursday, September 19 | 11:00 a.m. - 1:00 p.m. | Mesa Quad

Black Student Success Meet & Greet

Monday, September 16 | 11:00 a.m. - 12:30 p.m. | Mesa Quad

Healing and Empowering Minds

Mental Health Services is cultivating brave space for all students to connect and grow together.

Parent Cafes

Our new Family Resource Center in the LRC are hosting Parent Cafes every other week.



EXCESSIVE HEAT

As we enter the hottest part of the week we want to remind you to consult Mesa's <u>Health Illness Prevention Program</u> which provides guidance to reduce the negative effects of heat on employees whose job classifications involve tasks outdoors or in hot environments.

The <u>Heat Illness Prevention in Student Athletes</u> is available in Keenan. It is designed to give an overview of the dangers posed by heat illness and suggest preventive measures that can minimize risks to student-athletes. Topics covered include the primary types of heat illness; signs and symptoms; and preventive measures to help protect student-athletes.

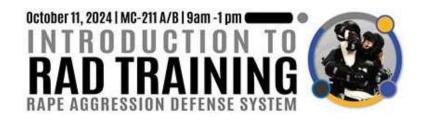
Lastly, the <u>General Outdoor Heat Illness</u> training is also available in Keenan. It is designed for any employee that may be exposed to conditions of excessive heat. The course reviews the causes of heat illness, the symptoms and effects of heat illness, how to minimize and treat heat illness on the job, and how to recognize and treat the more dangerous outcome of heat overexposure (heat stroke).

As you are aware, District AP 7170 (Remote Work Flexibilities) provides employees the opportunity for remote work. Please review the policy linked below for eligibility requirements, employee responsibilities, supervisor responsibilities, and remote work assignment considerations. Continuing with past practice, Remote Work Assignment Options are typically Ad Hoc and up to one day per week.

Though the AP and opportunities for remote work have remained consistent, there is a new process to submit remote work requests via the MySDCCD Employee Self Service portal. Instructions to both how to submit and approve requests are linked below.

District AP 7170 | Submitting Remote Worker Request as SDCCD Employee | Managing Remote Worker Request as SDCCD Manager

Please feel free to reach out with any questions.



Click Here to Register

We are excited to invite you to our upcoming RAD Training scheduled for Friday, October 11, 2024 from 9:00 am - 1:00 pm in MC 211 A/B. The Rape Aggression Defense System is a comprehensive course that begins with awareness, prevention, risk reduction and avoidance, progressing on to the basics of hands-on defense training. It is dedicated to teaching both women and men defensive concepts and techniques against various types of assault using easy, effective and proven self-defense/martial arts tactics. College Police has a team of RAD instructors that provide ongoing training classes to the community year round.

OFFICE OF Institutional Effectiveness



Join us for the Program Review and Outcomes
Assessment Kickoff, where we will set the stage for this
academic year's review and assessment processes.
This meeting is essential for all involved faculty and
classified professionals to further understand the
processes, timeline, expectations, and accreditation
requirements. Please RSVP to this calendar invite to
confirm your attendance and send it along to anyone
you wish. Food will be provided for those who are able
to attend in person. Let's start the year strong together!

Event: Program Review and Outcomes

Assessment Kickoff **Date**: September 6th **Time**: 11:00am-1:00pm

Location: HyFlex- BT 206 & Zoom (Meeting ID: 862

5236 5748)

SAN DIEGO MESA COLLEGE **Program Review & Outcomes and Assess Tentative Agenda** 11:00 Welcome & Introductions 11:05 Outcomes Assessment Info 12:05 Program Review Info Food will be provided! FRIDAY HYFLEX FORMAT SEPTEMBER 6 ROOM BT-206 11 AM - 1:00 PM ZOOM ID: 862 5236 5748 FLEX # 25521 Question? Contact Liza Rabinovich at erabinovich@sdccd.edu

Participatory Governance

To learn more about our Associated Students, Academic Senate, and Classified Senate, please visit the links below:

Associated Students

Academic Senate

Classified Senate

In The Know

For additional information on what is happening on campus and in our community - visit the links below:

Mesa College Newsroom

Mesa College Events Calendar

Ashanti Hands, Ed.D.

President | San Diego Mesa College

Creating conditions that matter for our students to succeed! 7250 Mesa College Drive, A-104, SD, CA 92111 | 619.388.2721

Mesa College | Student Support Services





















