

September 18, 2024



Hello Mesa College Community!

Weekly Update from Prez Hands provides a brief overview of the exciting efforts taking place within our community. The updates are also a great way to tell our collective story of success, and to document our journey of becoming the Leading College of Equity and Excellence. Enjoy!

OFFICE OF THE *President*



At the September 12th Board Meeting, the Board of Trustees adopted the SDCCD 2024-2025 final budget. For more information, please [click here](#) for an informational email from Chancellor Greg Smith.

Responding
TO STUDENT NEEDS

In response to the many Mesa students facing significant financial challenges due to delays accessing financial aid, The Stand: The Dr. Pamela T. Luster Resource Center and Foundation were able to mobilize rapidly to issue a total of 120 checks across our Fall Disbursement of Scholarships and 3 different sources of direct aid, including The Resiliency Fund. **In total, we were able to deploy \$58,750.**

If you'd like to support the cause, click the link below:

[Donate to the Resiliency Fund](#)



Gregory Smith

Please join your Mesa College colleagues in attending a presentation and open forum with the Chancellor to discuss priorities for the 2024-2025 academic year.

Chancellor's Fall Forum

Tuesday, September 24, 2024

2:30 p.m. - 4:00 p.m.

MC-211 A/B

Flex credit available | Sign up for Workshop 25250 - Chancellor's Forum
If an accommodation is needed, please contact the President's Office

The **San Diego Community College District's Board of Trustees** has **unanimously agreed to place a \$3.5-billion bond measure on the November ballot** to fund critical construction and modernization projects that will ensure the region's largest provider of workforce training and higher education continues to be a leader in driving the San Diego economy.

To learn more about the bond, please visit the [SDCCD News Center](#).

COVID Update

Based on the updated California Department of Public Health Guidance as of 4/2024, CalOSHA Non-ETS as of 5/22/2024, and District process please do the following, should you test positive for COVID.

Contact Risk Management, via Karen Woods at 619-388-6953 or kwoods@sdccd.edu

If you are asymptomatic, you are not considered infectious, and therefore do not need to isolate or be excluded from work. Should you develop symptoms, the guidance below would need to be followed.

Infectious period is defined as a minimum of 24 hours from the day of symptoms onset.

If you test positive for COVID-19, you may return to work if 24 hours have passed with no fever, without the use of fever-reducing medications, and your symptoms are mild and improving. You may test on day 5, but it is not required.

You may test positive on day 5, and continue to test positive for up to 90 days. Please use item 3 as your guidance for returning to on-site activity.

After isolation, the District does not require a negative test to return to work.

CalOSHA does require that you continue to wear a mask for a full 10 days from symptom onset, when around other people.

If you would like face masks or hand sanitizer for your office, please reach out to Shipping & Receiving to coordinate delivery.

OFFICE OF *Instruction*



UC San Diego



Mesa College Students Shine in Recent Research Events

Mesa College students recently marked significant achievements in their research careers. On August 28, 2024, they were honored at the UCSD CADRE Program Certificate Ceremony for their successful internships, where they gained hands-on experience in biomedical and clinical sciences. Additionally, on August 23, 2024, they presented their research at the SDSU Coastal and Marine Institute Laboratory, highlighting their collaborative work on important coastal and marine projects. These events reflect the strong partnership between the Mesa Impactship Program (MIP), UCSD, and SDSU, showcasing our shared commitment to providing students with impactful, real-world research experiences that support their academic and professional growth.

To read more about our amazing Mesa students, please click the links below:

[Certificate Ceremony at the UCSD Cadre Program](#)

[Research Showcase at SDSU Coastal and Marine Institute Laboratory](#)



On Tuesday September 10, the MESA (Mathematics, Engineering, Science Achievement) Center celebrated its Grand Opening in MS120. The MESA program has helped underrepresented students in STEM since 1970. A nationally recognized program, MESA was founded at Oakland Technical High School with only 25 students. There are now MESA program in 10 states, serving over 350 school districts. We are proud that San Diego Mesa College is now one of them!

The center will provide MESA students with a space of their own to connect and thrive. The program director, Robert Monroy, will be holding various academic support, transfer, and career workshops in the center throughout the year. If you're a student in a calculus-based STEM major, please contact Robert at rmonroy001@sdccd.edu for more information.

BANNED BOOKS WEEK

SAN DIEGO MESA COLLEGE


Library

MESA COLLEGE LIBRARIANS IN COLLABORATION WITH OUR ENGLISH FACULTY WILL HOST AN IN-PERSON PANEL DISCUSSION.

LOCATION: G102

TUESDAY, SEPTEMBER 24TH, 2024

11:00 AM TO 12:30 PM.



- BANNED BOOKS WEEK GIVEAWAYS
- MESA LIBRARY PHOTO C
- LIGHT SNACKS

FOR MORE INFORMATION CONTACT:
DR. EDEAMA ONWUCHEKWA JONAH
EJONAH@SDCCD.EDU

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SEPTEMBER

24

AANAPISI FALL EVENTS

AANAPISI Week Events

9/17
11AM-1PM

CLUB BUILDS LUNCH LUNCH AERO JINBA CLUB (HC WALKWAY)

9/18
11AM-1PM

MID-AUTUMN FESTIVAL/CLUB BUSH MESA QUAD

9/20-22
10AM-4PM

PEA FESTIVAL 100 BENCH ON MOSGON BAY

9/23
2-3PM

AAP MOC TALK STORY HOUR | VET CENTER (K-100)

9/27
1PM

AANAPISI COUNSEL | LUNCH (REVISED)

9/28
11-1PM

HOMECOMING GAME AANAPISI TAILGATE | MESA STADIUM

9/30
11-1PM

STOP AAPI HATE WORKSHOP | MC 211 A/B

10/7
11AM-12PM

CAREERING WHILE ASIAN PANEL

TBA

MORE EVENTS COMING!

AANAPISI Canvas Shell

AANAPISI Instagram

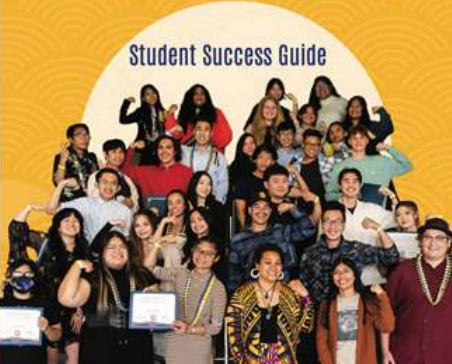
More fall semester events to be announced soon

SAN DIEGO MESA COLLEGE

AAPIS

Asian American Pacific Islander

Student Success Guide



OFFICE OF *Student Services*



[Click here](#) for this week's Mesa Journeys Newsletter!



JOIN US!

Please join us on **September 25th** for a day of excitement as we come together to show our Mesa College sports teams how loved they are! The Mesa College Associated Students have also arranged for food and carnival games on **the Mesa Quad starting at 12:00pm**, so come for the Pep Rally and stay for the party. Free food and carnival games will be available to all attendees.

UPCOMING EVENTS

Reflect, Restore, and Unite Week

Week of September 16 - 20, 2024 | TBD

Join us for a collection of events designed to explore and expand upon concepts within the movement of Restorative Practices in order to reflect, restore, and unite as a community. Restorative practices embrace community building, empowerment, participation, and accountability as crucial elements of justice. Events will incorporate different community-centered topics including voter registration, the arts, community gardening, meditation, and interpersonal connection.

Mental Health Presents Suicide Prevention Awareness Month

September 2024 | [Click here for an informational flyer](#)

Please join us for some of our events throughout September for Suicide Prevention Month. *Remember: Your Mental Health Matters.* You are never alone. Visit the Student Health Services in I4-209 for support or call 988 for immediate help.

Pride Center Fall 2024 Events

Fall Semester | [Full Schedule of Fall Events Here](#)

OFFICE OF *Administrative Services*

October 11, 2024 | MC-211 A/B | 9am -1 pm
**INTRODUCTION TO
RAD TRAINING**
RAPE AGGRESSION DEFENSE SYSTEM



[Click Here to Register](#)

We are excited to invite you to our upcoming RAD Training scheduled for **Friday, October 11, 2024 from 9:00 am - 1:00 pm in MC 211 A/B**. The Rape Aggression Defense System is a comprehensive course that begins with awareness, prevention, risk reduction and avoidance, progressing on to the basics of hands-on defense training. It is dedicated to teaching both women and men defensive concepts and techniques against various types of assault using easy, effective and proven self-defense/martial arts tactics. College Police has a team of RAD instructors that

provide ongoing training classes to the community year round.

Please submit your **Intersession/Spring 2025** classroom/laboratory computer (on-site and distance education) and other technology related equipment requests before **Monday, October 21, 2024**. Requests received after the posted deadline date may not be fulfilled in time for the beginning of the college term.

Software and hardware requests can be made by submitting an online Mesa College Technology Request form ([HERE](#)).

These forms and other Technology related services information are located on our Homepage ([HERE](#)).

Classroom technology support is managed by Mesa's College Technology Services while employee (Admin/Faculty/Staff) office technology support is managed by SDCCD's Information Technology Services.

Contact information for these two areas of support is as follows:

Classroom Technology Support

619-388-2880

MesaCTS@sdccd.edu

MC-215 Office Hours

Monday - Thursday: 7:30 a.m. - 7:00 p.m.

Friday: 7:30 a.m. - 4:00 p.m.

Employee Office Technology Support

619-388-7000

Office Hours: Monday - Friday 8:00 a.m. - 5:00 p.m.

ITHelp@sdccd.edu

Wellness Walkabout

Promote employee wellness, connection, campus integration and community



**Designated
Route**



**30 Minutes
per Walk**



**Conversation
Starters
Provided**



OCT 8, 2024

11:00 a.m. – 2:00 p.m.

30 mins/session (walk)



**Please scan the QR code for
Registration and Location**

For questions, please contact
Catherine Cannock at ccannock@sdccd.edu

OFFICE OF *Resource Development*



On Wednesday, September 11, over 80 people came together in support of the World Art Collection. Guests enjoyed live performances, were able to take home items from the collection through a silent auction, and enjoy semi-private tours of the new space. So far, we have raised \$7,545 towards the goal of \$10,000 for the collection.

You can help us realize our goal by donating or bidding on the remaining items:

[Help Us Reach Our Goal](#)

[Bid on Remaining Items Here](#)

Participatory Governance

To learn more about our Associated Students, Academic Senate, and Classified Senate, please visit the links below:

[Associated Students](#)

[Academic Senate](#)

[Classified Senate](#)

In The Know

For additional information on what is happening on campus and in our community - visit the links below:

[Mesa College Newsroom](#)

[Mesa College Events Calendar](#)

President | San Diego Mesa College

Creating conditions that matter for our students to succeed!

7250 Mesa College Drive, A-104, SD, CA 92111 | 619.388.2721

[Mesa College](#) | [Student Support Services](#)



Eileen S. Hayward | Administrative Technician

Office of the President, San Diego Mesa College

7250 Mesa College Drive, A-104 | San Diego, CA 92111 | sdmesa.edu

ehayward@sdccd.edu | 619-388-2721 (Office) | 619-388-2929 (Fax)

SAN DIEGO MESA COLLEGE



The Leading College of Equity and Excellence