

# **TUTORIAL SERVICES**

	Mesa College Tutoring and Computing Centers (MT2C)	DSPS TUTORING	STAR TRIO PROGRAM
Services	Individualized tutoring sessions 24/7 Online Writing Tutoring w/NetTutor Workshops on a variety of subjects	Individualized academic support and tutoring for DSPS students	Individual tutoring by appointment Limited walk-in tutoring
Location	<ul> <li>LRC 1<sup>st</sup> Floor: General Tutoring/Computing</li> <li>LRC 2<sup>nd</sup> Floor: Writing &amp; Languages</li> <li>LRC 4<sup>th</sup> Floor: Math/Science/Computing</li> </ul>	DSPS High Tech Center – LRC 110	14-308
Eligibility	All Mesa Students	Must be a DSPS student and currently enrolled in Mesa College courses	Mesa students must meet federal TRIO eligibility criteria
How to Apply	Go to our website for writing appointments or walk in for other subjects <a href="https://www.sdmesa.edu/writingcenter">www.sdmesa.edu/writingcenter</a>	Visit the High Tech Center or contact the DSPS Office in I4-405	Applications are available in I4-308 or on-line at <a href="https://www.sdmesa.edu/">www.sdmesa.edu/</a>
Hours of	M-TH: 9 AM – 8 PM	MTTH: 8 AM – 4 PM	M-TH: 8 AM – 6 PM
Operation	F-S: 9 AM – 2 PM	W: 8 AM – 6 PM F: 8 AM – 12 PM	F: 8 AM – 3 PM
Additional Services	Class visits for students/faculty Available reference materials		Counseling, financial aid assistance, computers, printing, free supplies, calculator loans
Contact	Sandee Hollen (619)388-2898 sahollen@sdccd.edu  Niko Crumpton (619)388-5049 ncrumpton@sdccd.edu	Erika Higginbotham (619)388-2893 ehigginb@sdccd.edu	Marichu Magana mmagana@sdccd.edu  Thuan Le (619)388-2481 tle@sdccd.edu

\*\*\*\*ALL SERVICES ARE FREE\*\*\*\*

Hours and services are subject to change



## **KEYS TO SUCCESS**

CAREER CENTER	CHILD DEVELOPMENT CENTER	DISABILITY SUPPORT PROGRAMS & SERVICES	EXTENDED OPPORTUNITY PROGRAMS & SERVICES	FINANCIAL AID PROGRAMS	LEARNING RESOURCE CENTER	TRANSFER CENTER
The Career Center offers career counseling for students exploring program of study/major and/or career choice. We also offer assistance with job search. Specific services include:  • career assessments  • resume critiques  • interview skills  • industry exploration  • job postings  • workshops  • job fairs  • career educational plans www.sdmesa.edw/career-center  Location: I4-306  Hours:  M-TH 8:00am-6:00pm  F 8:00am-3:00pm  Phone: (619) 388-2777	The Child Development Center offers educational programs for children two to five years old. Childcare is offered to students and working parents.  Location: R Bldg., corner of Armstrong St. & Mesa College Dr. Hours: Preschool M-TH 7:30am-4:00pm F 7:30am-12:00pm Phone: (619) 388-2812	DSPS assists students with verified disabilities by offering support programs and services. To request services go to the DSPS office, call or visit their website at <a href="https://www.sdmesa.edu/dsps">www.sdmesa.edu/dsps</a> where you can view an orientation.  Location: I4-405 Hours: M-TH 8:00am-6:00pm F 8:00am-3:00pm Phone: (619) 388-2780 TTY: (619) 388-2409	EOPS serves a diverse student population and offers support to low-income and first generation college students who need support to succeed academically. Visit our website at <a href="https://www.sdmesa.edu/eops">www.sdmesa.edu/eops</a> Location: I4-309 Hours: M-TH 8:00am-6:00pm F 8:00am-3:00pm  Phone: (619) 388-2706	Many types of financial aid are available for students who qualify. Students seeking financial assistance should apply immediately in order to be considered for aid.  Go to <a href="https://www.fafsa.gov">www.fafsa.gov</a> and complete the Free Application for Federal Student Aid or complete the California Dream Act Application at <a href="https://dream.csac.ca.gov/">https://dream.csac.ca.gov/</a> Location: I4-107  Hours:  M-T 8:00am-7:00pm W-TH 8:00am - 6:00pm F 8:00am-3:00pm  Phone: (619) 388-2817	The LRC provides a vast resource of research information and learning experiences for students wanting to improve their academic skills or augment in-class activities.  Location: LRC Bldg. Hours: M-TH 7:00am - 10:00pm F 7:00am - 5:00pm Sat 8:30am - 4:00pm  Phone: Library (619) 388-2695 Audiovisual (619) 388-2690 CIL (619) 388-2769	The Transfer Center provides resources and services to plan for a successful transfer to a 4-year college or universities. These include: college catalogs, articulation agreements and information, visits by university representatives, application assistance, transfer guarantee programs, transfer educational plans and workshops.  www.sdmesa.edw/transfer-center  Location: I4-306  Hours: M-TH 8:00am-6:00pm F 8:00am-3:00pm  Phone: (619) 388-2473

## **PERSONAL GROWTH COURSES**

For more information please call (619) 388-2672

#### PERG 120 - College Success and Lifelong Learning

This course covers success strategies to enhance academic and lifelong learning skills. Students explore topics such as motivation and attitudes, values, goals setting, decision making skills, as well as other techniques designed to maximize their abilities as lifelong learners. This course is transferable to the CSU, UC, and private institutions.

#### PERG 130 - Career and Life Planning

This course is designed to assist students with self-exploration, career transitions, and career-life planning to achieve success in a diverse society. Critical thinking skills are utilized through a systematic approach to career development by examining the following: values, life roles, personality type, personal self-management, decision making, and goal setting throughout the life span. This course is transferable to the CSU, UC, and private institutions.

#### PERG 140 - Life Skills and Personal Adjustment

This course emphasizes gaining mastery in self-esteem and compassion, self discipline, self responsibility, self assertion, and living a consciously balanced life in pursuit of defined educational, career, and life goals. This course is transferable to the CSU, UC, and private institutions.

### HOURS AND SERVICES ARE SUBJECT TO CHANGE